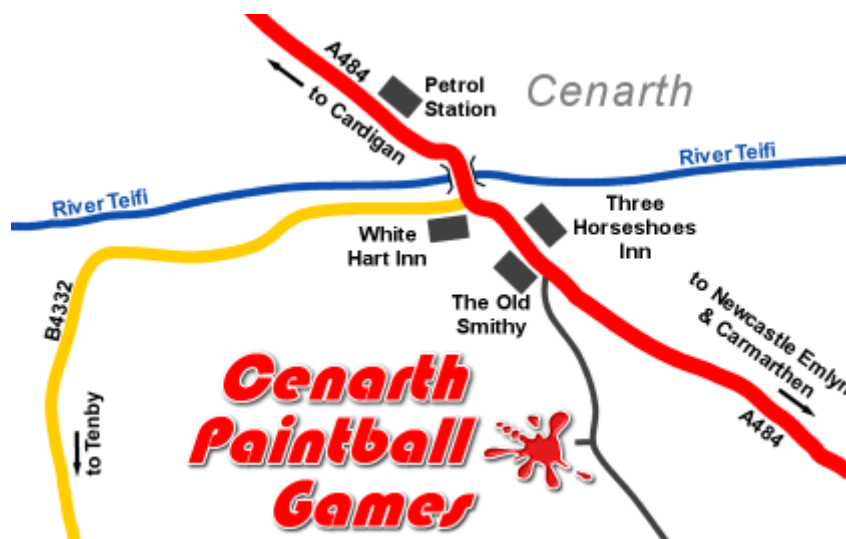




Cenarth Paintball  
Games  
Allt Y Gelli  
Cenarth  
Newcastle Emlyn  
Carmarthenshire  
SA38 9HT



**From Carmarthen** - Take the A484 signposted to Cardigan & Newcastle Emlyn. Keep on this road for approx 18 miles (via Cynwyl Elfed & Newcastle Emlyn) until you reach Cenarth. Follow the brown tourist signs.

**From Cardigan** - Take the A484 signposted to Newcastle Emlyn, go through Llechryd, onto Cenarth, cross the bridge in Cenarth and go past The Three Horseshoes pub on left, then follow the brown tourist signs.

**From Aberystwyth** - Take the A487 signposted to Cardigan and turn off left for Newcastle Emlyn at Synod Inn. Go through Newcastle Emlyn town centre and turn right onto the A484 towards Cardigan until you reach Cenarth. Follow the brown tourist signs

**From Haverfordwest** - Take the B4329 to Eglwysrwr where you join onto the B4332 to Cenarth (via Boncath). At the junction in Cenarth turn right signposted to Newcastle Emlyn, go past The Three Horseshoes pub on left, then follow the brown tourist signs.

O.S Map ref. **SN912006**

### Typical Journey Times

- Cardigan 10mins
- Newcastle Emlyn 5mins
- Aberaeron 25mins
- Lampeter 25mins
- Carmarthen 25mins
- Fishguard 35mins
- Haverfordwest 45mins
- Aberystwyth 45mins
- Swansea 50mins
- Tenby 55mins
- Brecon 1hr
- Llandrindod Wells 1hr 15mins
- Machynlleth 1hr 15mins

**If you get lost or are running late  
please phone the site cabin on**

**01239 710505**

**or**

**Office tel - 01559 371621**

- Cardiff 1hr 45mins
- Bristol 2hrs 20mins

*Please note : all journey times are approximate & can vary depending on the traffic, getting lost & the driver!*